

# BENEFICIAL INSECTS

*An organic farmer's best friends*

## Lacewing Larvae

Preys on aphids, insect eggs, leafhoppers, mealybugs, mites, psyllids, small caterpillars, thrips, and whiteflies



## Big-Eyed Bug

Preys on flea beetles, mites, small caterpillars, thrips, worm eggs, and other bugs



## Ladybug

Adults and larvae prey on aphids, insect eggs, soft-bodied insects, and whiteflies

We plant "host crops" (flowering plants like buckwheat, alfalfa, clover, California poppy, and many others) around our fields as habitat for beneficial insects — these "good bugs" help protect our organic crops by eating adult pests and their eggs, or by becoming parasites inside pest insects themselves.



## Assassin Bug

Preys on aphids, caterpillars, leafhoppers, and other bugs



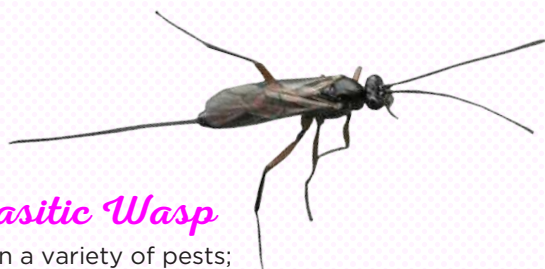
## Minute Pirate Bug

Preys on aphids, mites, psyllids, small caterpillars, thrips, and whiteflies



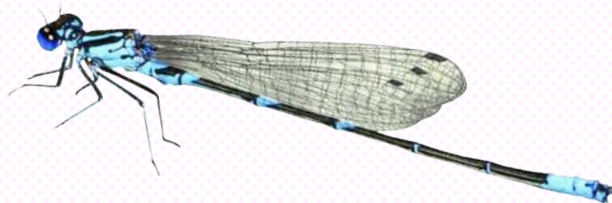
## Syrphid Fly

Preys on aphids and soft-bodied insects



## Parasitic Wasp

Preys on a variety of pests; larvae feed on or inside pest insects, killing their hosts



## Damselfly

Preys on flea beetles, leafhoppers, mites, small caterpillars, thrips, worm eggs, and other bugs