

Beneficial Insects

An Organic Farmer's Best Friends

Ladybug



Adults and larvae prey on aphids, insect eggs, soft-bodied insects, and whiteflies

Big-Eyed Bug



Preys on flea beetles, mites, small caterpillars, thrips, worm eggs, and other bugs



Lacewing Larvae

Preys on aphids, insect eggs, leafhoppers, mealybugs, mites, psyllids, small caterpillars, thrips, and whiteflies

We plant "host crops"

(flowering plants like buckwheat, alfalfa, clover, California poppy, and many others) around our fields as habitat for beneficial insects — these "good bugs" help protect our organic crops by eating adult pests and their eggs, or by becoming parasites inside pest insects themselves.



Assassin Bug

Preys on aphids, caterpillars, leafhoppers, and other bugs



Minute Pirate Bug

Preys on aphids, mites, psyllids, small caterpillars, thrips, and whiteflies



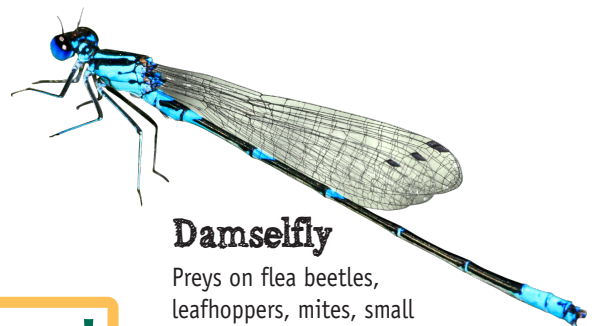
Syrphid Fly

Preys on aphids and soft-bodied insects



Parasitic Wasp

Preys on a variety of pests; larvae feed on or inside pest insects, killing their hosts



Damselfly

Preys on flea beetles, leafhoppers, mites, small caterpillars, thrips, worm eggs, and other bugs



Food to live by.